



2019 Volunteer Application

Thank you for applying to be a volunteer with Mindful Medicine Worldwide. We are honored by your desire to give your time and energy to helping patients in Nepal with our organization and we look forward to reading your completed application.

Your application requires the following components. Only when all five components are finished and submitted, your application will be considered complete. After that, we will conduct an interview, and then placement at one of our sites.

- Complete the form below with Personal Information; Personal Writings; Drug & Alcohol History; and Legal History. Sign with an e-signature or print, sign, scan, and email back to us.
- Ask two clinical supervisors to fill out the Reference Form provided on our website and submit themselves to MMW.
- Submit one personal photo.
- Pay the \$75 application fee via <https://donatenow.networkforgood.org/1430088>.
- Submit all items to info@mindfulmedicineworldwide.org.

LETTERS OF RECOMMENDATION

You are required to submit *two* letters of recommendation from professional clinical supervisors. Letters should use our template and be emailed directly from the supervisors to info@mindfulmedicineworldwide.org.

PERSONAL INFORMATION

Full Name: _____

Date of Birth: _____ Date of Application: _____

Email: _____

Cell Phone: _____ Home Phone: _____

Mailing Address: _____

PERSONAL WRITINGS

Mindful Medicine Worldwide service presents major physical, emotional, and intellectual challenges. Please provide answers to the following questions to show how you qualify to be a Mindful Medicine Worldwide volunteer.

Mindfulness History (100-200 Words)

Please give a brief overview of your experience with mindfulness practice. You may list traditions, courses, teachings and dates of past, ongoing and or future practice.

Facing Challenges (100-200 Words)

Please answer the following questions.

- What are your reasons for wanting to serve as a MMW volunteer and how are these reasons related to your past experiences and life goals?
- Have you ever lived in a foreign country, or more specifically a developing area?
- What is your experience with volunteer work?
- Being part of MMW means often encountering bumps while living in a foreign country vastly different to the US. How are you prepared to handle this?
- How do you plan to fundraise the \$1,000 for your time with MMW? Would you be able to bring any additional supplies?

Deeper Reflection (500 Words)

Your success as a Mindful Medicine Worldwide Volunteer is based on the trust and confidence you build by living in, and respectfully integrating yourself into, your host community and culture. Please describe an experience you have had in living or working in a social or cultural environment different from your own. What specific challenges did you face concerning trust, confidence, and/or integration? What did you learn from this experience that you will bring with you to your Mindful Medicine Worldwide service?

DRUG AND ALCOHOL INFORMATION

Mindful Medicine Worldwide has a strict policy regarding the use of drugs and alcohol. As a Mindful Medicine Worldwide volunteer, you are responsible for your personal conduct and professional performance 24/7. You must exercise good judgment and personal responsibility to protect your health, safety, and well-being, as well as that of others. Please read the following carefully, as your personal conduct is critical to your success as a Mindful Medicine Worldwide volunteer.

Drugs

A volunteer or trainee found to be involved with drugs in a manner not authorized for medical purposes, in any way, in any country, will be administratively separated immediately. Mindful Medicine Worldwide enforces this strict policy because the cultivation, manufacture, traffic, and use of drugs, including marijuana, is illegal in most countries. Additionally, drug involvement by volunteers and trainees in any country could seriously jeopardize the entire Mindful Medicine Worldwide program, as well as the safety and health of volunteers and trainees.

Applicants with drug-related arrest or conviction in their legal history will not be considered for Mindful Medicine Worldwide service until one year has passed from the date of the arrest or conviction, whichever is later.

Alcohol

Mindful Medicine Worldwide leaves decisions regarding the use of alcohol to the discretion of the individual volunteer or trainee. Mindful Medicine Worldwide recognizes, however, that excessive use of alcohol may compromise volunteer or trainee safety and security, lead to behavior which is a discredit to Mindful Medicine Worldwide or the individual volunteer or trainee, or affect the volunteer or trainee's performance in an assignment. Examples of such behavior include but are not limited to: public intoxication, drinking while at the work site, failure to appear for work or training due to intoxication or hangovers, and verbal or physical aggressiveness while under the influence of alcohol. Such inappropriate or unsafe behavior or inability to perform adequately in the assignment may be grounds for disciplinary action, including administrative separation.

Applicants charged with or convicted of Public Intoxication, DUI, DWI, or who receive a reduced charge of, or conviction for, Reckless Driving from an initial charge of DUI or DWI, or who have a similar alcohol-related offense in their legal history, are not eligible to have their application considered for Mindful Medicine Worldwide service until one year has passed from the date of the offense or conviction, whichever is later. This includes arrests and citations.

Please note that any arrests, citations, or other legal incidents related to alcohol or illegal drugs that occur during the application process, including up to the day of departure, will also disqualify an applicant. An applicant who is disqualified for the above reasons may reapply after one year.

Mindful Medicine Worldwide may deem an applicant ineligible or unsuitable for Mindful Medicine Worldwide service due to the illegal use of drugs, problem drinking, and/or abusive use of alcohol. The terms "problem drinking", "abusive use of alcohol" and their variants include, but are not limited to, binge drinking, consuming more than three ounces of alcohol in three

hours, three times a week for a period of three months, feeling that you should cut down on your drinking, experiencing others who express concern that you drink too much, feeling bad or guilty about your drinking, drinking in the morning to steady your nerves or get rid of a hangover, or alcohol related legal incidents.

Please answer the following questions:

1. Have you ever been arrested for, charged with, or convicted of any offense(s) related to alcohol or drugs?

Yes No

2. Have you ever been found guilty of an offense under section 404 of the Controlled Substance Act (21 U.S.C. 844), while under the age of 21?

Yes No

LEGAL STATUS AND HISTORY

Report information regardless of whether the record in your case has been sealed, expunged, or otherwise stricken from the court record.

Note: It is the responsibility of the applicant to inform Mindful Medicine Worldwide throughout the application process of any changes in his/her legal status.

1. Have you ever been charged with or convicted of any felony offense?
2. Are there currently any charges or probation pending against you for any criminal offense?
3. Have you ever been subject to a court martial or other disciplinary proceeding under the Uniform Code of Military Justice? (Include non-judicial, Captain's mast, etc.)
4. Have you ever been arrested for, charged with, or convicted of any offense(s) not listed in questions 1 and 2 in the previous section and/or questions 1-3 above? (Exclude traffic fines less than \$200 unless the violation was alcohol and/or drug related.)
5. Are you currently a party in a civil suit?

If you answered *yes* to any questions, you must attach information separately with: (1) your name, (2) type of offense/suit (e.g., DUI, possession of marijuana, petty theft, suing landlord), (3) complete explanation and detailed circumstances of each arrest, charge, suit, judgment, or disciplinary action, (4) relevant dates, (5) location (city, state, country) of the occurrence, (6) current status or disposition, and (7) any sentence, probation, community service, fine or other penalty imposed.

I hereby swear that all of the information provided above is true.

Signature _____

Date _____